

**THE COLORADO SPRINGS AFFILIATE
OF THE SUSAN G. KOMEN BREAST CANCER FOUNDATION
COMMUNITY OUTREACH PROGRAMS for 2004**

ANGELs: Increasing Breast Health Education, Screening, and Prevention among African American Women

Penrose Cancer Center, Colorado Springs

Educational outreach to African-American women providing monthly breast cancer education programs, instruction in breast self-examination, and a support group for women with breast cancer.

Breast Cancer Prevention Activities for High Risk Women

Penrose Cancer Center, Colorado Springs

Genetic counseling and breast cancer risk analysis for women and families with emphasis on outreach in the African-American and Hispanic communities in Pueblo and Colorado Springs.

Breast Health for Homeless Women

Peak Vista Community Health Center, Inc., Colorado Springs

One-on-one outreach for breast cancer education and screening to homeless women.

Breast Health Public Awareness & Case Management

Pueblo Community Health Center, Inc., Pueblo

Culturally and linguistically-appropriate education and follow-up case management with emphasis on outreach to Pueblo's large Hispanic community.

Breast Health Support

Prospect Home Care-Hospice, Inc., Woodland Park

Provision of a variety of complementary therapies including yoga, massage and nutritional support to women in Teller County diagnosed with breast cancer.

Cancer Control for Women in their Forties

St. Mary-Corwin Medical Center, Pueblo

Comprehensive breast cancer education and screening for low income and un-insured women ages 40-49.

Community Mammography Project

El Paso County Department & Environment, Colorado Springs

Comprehensive breast cancer education and screening for low income and un-insured women ages 40-49 including case management for women with abnormal exams.

Complementary Therapy Access for Breast Cancer Patients

Memorial Hospital Cancer Center, Colorado Springs

Complementary/holistic/integrative therapy (relaxation training, yoga, massage, exercise, Reiki, smoking cessation, acupressure, etc.) for breast cancer patients undergoing conventional medical treatment to help improve quality of life and cope with symptoms of cancer and side effects of cancer treatment.

Comprehensive Breast Cancer Education and Support: Lymphedema Management

St. Mary-Corwin Medical Center, Pueblo

Education about lymphedema prevention for newly diagnosed, high-risk women following breast cancer surgery and therapy for women with lymphedema who do not have insurance.

Financial Treatment Support

Sense of Security, Broomfield

Financial assistance to breast cancer patients in need of funds for basic living expenses including mortgage/rent, medical insurance premiums, food, child care, utilities, and transportation.

Healing Opportunities for Personal Enrichment (H.O.P.E.) Retreat

Memorial Hospital Breast Care Center, Colorado Springs

3-day weekend seminar for breast cancer survivors who are at least six-months post-treatment focusing on quality of life issues including physical, mental/emotional, spiritual, professional, leisure, and relational changes.

Latino Breast Health Outreach Initiative: Alas de Angels (Wings of Angels)

Penrose Cancer Center, Colorado Springs

Bilingual education and screening project providing breast health education and access to screening for Latina women in El Paso, Teller and Pueblo counties. Case management approach by *Promotoras* (women who promote health) will be used to identify and remove barriers to screening.

Living Your Best with Breast Cancer

Spa for the Spirit, Denver

4-day mountain retreats designed to improve quality of life, instill hope and nourish the spirits of women with breast cancer through discussion groups, meditation, tai chi and yoga, art therapy, massage, and music therapy.

Pikes Peak Breast Health Connection

El Paso County Department of Health & Environment

A collaborative effort of agencies in the Pikes Peak Region to bring breast health information to the public through the media, education, and outreach. A hotline number (578-3111) provides referrals to breast health services.

Total local project awards for 2004 = \$368,978

Total funds contributed to the National Susan G. Komen Breast Cancer Foundation for research = \$104,423